

# Menu September 2020

Week B



	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Main course</b>	<b>Meat</b>	Sweet Potato and Quorn Korma	Sausages	Pepperoni Pizza	Roast Turkey	Cod in Batter
	<b>Vegetarian</b>	Falafel Enchilada (V)	Vegetable Sausage (V)	Carroty Mac & Cheese	Country Roast (V)	Mozzerella Sticks (V)
	<b>Jacket Potato Or Baguette</b>	Jacket Potato with: Beans, Cheese Baguette filled with Houmous, Cheese or BBQ Vegan Strips and Salad	Jacket Potato with: Beans, Cheese, Tuna Baguette filled with Ham, Cheese or Tuna and Salad	Jacket Potato with: Beans, Cheese, Tuna Baguette filled with Ham, Cheese or Tuna and Salad	Jacket Potato with: Beans, Cheese, Tuna Baguette filled with Ham, Cheese or Tuna and Salad	Jacket Potato with: Beans, Cheese, Tuna Baguette filled with Ham, Cheese or Tuna and Salad
<b>Starchy food</b>	Rice	Mashed Potatoes	Wedges	Roast Potatoes	Chips	
<b>Choose Vegetables</b>	Broccoli	Beans	Sweetcorn	Green Beans	Peas	
<b>OR Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Coleslaw	Coleslaw	Coleslaw	Coleslaw	
<b>Dessert (Choose 1)</b>	Chocolate Cookie Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma GF Pudding	Jam and Coconut Sponge and Custard Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma GF Pudding	Banana and Toffee Muffin Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma GF Pudding	Carrot Cake Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma GF Pudding	Apple Pie and Cream Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma GF Pudding	